



## UNIVERSAL FORCE NAAM YOGA™

### CODE OF PROFESSIONAL STANDARDS

- The Code of Professional Standards document is not all-inclusive. Failure to address any particular conduct does not mean that the conduct is necessarily ethical or unethical. A Naam Yoga Teacher should adhere to and honor classical and legal codes of conduct.
- Lack of familiarity with or misinterpretation of the Code of Professional Standards does not justify unethical conduct.
- Failure to cooperate in an ethics investigation or proceeding by the Universal Force International Naam Yoga Association is a violation of these guidelines and may result in the revocation of your **Naam Yoga** Certification.
- All Naam Yoga Teachers must sign a Universal Force International Naam Yoga Association Code of Professional Standards document, which will be kept on file with the Universal Force International Naam Yoga Association or he/she will not be an officially certified Naam Yoga Teacher.
- Failure to follow the Code of Professional Standards set forth by the Universal Force International Naam Yoga Association may result in the revocation of your Naam Yoga Teacher Certification.
- Any questions regarding the implementation of the Code of Professional Standards in any regard should be addressed to the Universal Force International Naam Yoga Association.
- The dissemination of the Code of Professional Standards is intended to assist Naam Yoga Teachers and their students, and does not create any liability on the part of the Universal Force International Naam Yoga Association.
- I acknowledge that should I violate the Code of Professional Standards as defined in this document I will be subject to the rules and regulations as set forth by the Universal Force International Naam Yoga Association.

#### Practice of Naam Yoga

- Naam Yoga Teachers must follow the methods set forth during current **Naam Yoga** training, continued **Naam Yoga** education, and further direction provided by the Universal Force International Naam Yoga Association.
- A Naam Yoga Teacher understands that the power/effect of a **Naam Yoga** class is derived from the invisible egregore of the teachings of **Naam Yoga**. Furthermore, it is understood that **Naam Yoga** kriyas, mudras, meditations, mantras, breath work, and all other techniques included as part of Naam Yoga Therapies Training have been constructed and transmitted via the energetic lineage of **Naam Yoga**. A Naam Yoga Teacher understands that when practiced, the **Naam Yoga** technology will have a different effect than similar or seemingly identical teachings of other spiritual lineages because the egregore is different. Therefore, because the power of **Naam Yoga** comes from the egregore of **Naam Yoga**, a Naam Yoga Teacher will clearly distinguish the practice of **Naam Yoga** from any other forms of yoga that they may practice. No other styles/forms of yoga, yoga kriyas, yoga postures, mantras, mudras, meditations, breath work, and warm ups will be practiced during a **Naam Yoga** class.
- It is imperative that the current Naam Yoga Fundamental Class Structure as put forth in Naam Yoga Teachers training must be followed without modification. Any changes or modifications to this structure will be available on the Universal Force International Naam Yoga Association web-site.
- Modifications to **Naam Yoga** kriyas, yoga postures, timings, and breath work may take place for students with special needs at the discretion of a certified Naam Yoga Teacher.

- A Naam Yoga Teacher must be neutral when teaching a **Naam Yoga** class. (A daily meditation practice is highly recommended.) Neutrality means that he/she is not giving direct advice or judgment regarding their student's specific life situation or health matter. They support the students in their journey toward self realization and consciousness by providing them with the spiritual tools of yoga, meditation, mantra, mudra, breath work, and other modalities taught in the **Naam Yoga** course work. Neutrality also means that he/she is not engaging emotionally, or otherwise, in the student's life. Heavenly guidance is the highest and most specific healing for the individual.
- A Naam Yoga Teacher always looks after the safety of their students. They acknowledge the strengths, weaknesses, and limitations of the students taking their classes, taking into account that the students self perceived limitations and their actual limitations may be two different things.
- A Naam Yoga Teacher paces their classes appropriately to suit the growth of the students without ever placing them in danger. He/She allows students to rest as needed.
- A Naam Yoga Teacher recognizes that the ability to instruct a student takes place both in the invisible plane through their aura, and in the material realm through their words and directions. As such, the majority of instruction is given verbally with whatever physical cues the teacher feels is necessary. A Naam Yoga Teacher does not give "hands-on" postural/alignment adjustments unless a student is having problems that cause the teacher to believe that they are endangering their own safety and/or the safety of those around them. Even then, hands on adjustments should be used with great care.
- A Naam Yoga Teacher recognizes that the teacher student relationship is a sacred trust. He/She does not abuse that trust in any way by making it personal, sexual or in any way manipulative, no matter what the feelings/desires of the student. This trust is only used to further the growth of the student.

## Integrity

- Naam Yoga Teachers should accurately represent their education, training, and experience.
- Naam Yoga Teachers shall treat colleagues with respect, courtesy, fairness, and good faith and shall afford the same to other professionals.
- Current certified Naam Yoga Teachers shall refrain from gossip and slander and shall not speak publicly or with students about their grievances, criticisms, or disagreements with the founder of **Naam Yoga**, the Universal Force International Naam Yoga Association, the Naam Yoga Educational Program, staff members, and other Naam Yoga Teachers. All grievances should be expressed privately to the Universal Force International Naam Yoga Association.
- A Naam Yoga Teacher never:
  - Speaks negatively about other forms of yoga, medicine, therapy, or spiritual teachings.
  - Advises students against the advice of their Medical Doctor or other health care provider.
  - Advises students regarding the use of prescribed pharmaceutical drugs, herbs, or nutritional supplements unless they possess a license to do so.
  - Advises students against a chosen form of therapy.
- Naam Yoga Teachers should always be respectful of the **Naam Yoga** name, other Naam Yoga Teachers, and other forms of yoga when advertising and marketing.
- Naam Yoga Teachers strive to live a life that may serve as an example of a healthy lifestyle. In essence, they practice what they preach.

- A Naam Yoga Teacher must:
  - Treat all students with respect, friendliness, warmth, and compassion, regardless of race, gender, religion, national origin, sexual orientation, age, or disability.
  - Not discriminate against students or professionals based on race, religion, age, gender, disability, national ancestry, sexual orientation, or economic condition.
  - Demonstrate empathy in interactions with students with disabilities, and make available physical, sensory, and cognitive accommodations that allow students with disabilities to receive services whenever possible.
  - Espouse objectivity and integrity and maintain the highest standards of cleanliness, sanitation, courtesy, language, speech, and appropriateness.
  - Maintain respect for institutional policies and management function of the agencies and institutions within which the services are being performed, but may take appropriate initiative toward improving such policies when it will better serve the interest of the student.
  - Understand and apply appropriate methods of touch in assisting students.
  - Never, under any circumstances, engage in sexual behavior both verbal or non-verbal with students.
- A Naam Yoga Teacher should:
  - Dress in a modest and professional manner while teaching **Naam Yoga**.
  - Always honor the free will of the student.

## Finances

- The Naam Yoga Teacher should inform the student, prior to class, of all financial policies.

## Competence

The Naam Yoga Teacher:

- Shall recognize that the profession is founded on standards of competency which promote the best interest of society, the student, and the profession as a whole.
- Shall recognize professional boundaries and limitations of **Naam Yoga** and only offer services or use techniques within their professional scope of practice.
- Shall be sensitive to a student that may be potentially harmed due to personal impairment and adjust instruction accordingly.

## Legal and Ethical Standards

The Naam Yoga Teacher:

- Shall uphold the legal and accepted ethical codes which pertain to professional conduct.
- Shall be fully cognizant of all federal laws and of all respective state or city laws governing this profession.
- Shall not claim, either directly or by implication, professional qualification/affiliation that the Naam Yoga Teacher does not possess.
- Will not teach **Naam Yoga** under the influence of alcohol or illicit drugs.

## Publication Credit

The Naam Yoga Teacher:

- Who publishes books or articles and/or makes professional presentations will assure that all sources of information and contributions are properly cited.
- A Naam Yoga Teacher is not allowed to publish certain information that is unavailable to the public, without prior consent of the Universal Force International Naam Yoga Association, including the correspondence courses by Joseph Michael Levry, Naam Yoga Therapies Training Manual and Naam Yoga Therapies Training Transcripts.

## Student Welfare

The Naam Yoga Teacher:

- Shall hold the welfare of the student paramount when making any decisions or recommendations.
- Shall always refer students to MD, psychologist, emergency room, or other appropriate services when it is determined that a student's life is in danger. Students who admit to having attempted, or are considering attempting, suicide or harming themselves or others should be referred to the above professions.
- Shall disclose to the students that she/he operates under the Code of Professional Standards and that same shall be made available to the student if requested.
- Shall terminate teaching or consulting relationship with a particular student when it is reasonably clear that the student is not benefiting from the relationship.
- Shall always require a parent or guardian to remain present during a **Naam Yoga** class when minors are present.

## Confidentiality

The Naam Yoga Teacher:

- Shall work in the best interest of the student by embracing as a primary obligation the duty of protecting student's rights under confidentiality and shall not disclose confidential information acquired in teaching, practice, or investigation without appropriately executed consent. The Naam Yoga Teachers shall not disclose any information to the friends, family members, or acquaintances of their students.
- Shall provide the student his/her rights regarding confidentiality upon request. Teachers shall discuss the information obtained only in appropriate settings for professional purposes only and on a 'need to know' basis.

## Continuing Education

The practice of **Naam Yoga** is a living science and therefore we urge ongoing education and reflection in order to maintain and constantly improve your practice. Ensuring the continued growth of the Naam Yoga Teacher requires regularly experiencing the practice of **Naam Yoga**, continuously educating oneself on the techniques and principles of **Naam Yoga**, and remaining personally connected with the teachings. An ongoing continuing education program will be available through Universal Force International Naam Yoga Association.

## Grievance Protocol

The Universal Force International Naam Yoga Association will appoint an Ethics Committee of three members.

In the event of a concern, the teacher or student must contact the Universal Force International Naam Yoga Association by either email or phone. In either case, a formal written document describing the issue or incident concerned must then be submitted within 30 days of the incident.

After a formal written document has been submitted to the Ethics Committee by the client, student, and/or practitioner, the Ethics Committee will respond within two weeks also by written document.

When desired, any party concerned may have two weeks to respond to the grievance.

The Ethics Committee can and may decide within two weeks to ask for more information from involved parties and therefore extend the formal response time.

A violation of the Code of Professional Standards could result in one of the following:

- A written warning and a permanent notation in their personal Universal Force International Naam Yoga Association File. Three warnings may result in a suspension.
- Suspension of Certification for a period between six months to one year, at which time the Naam Yoga Teacher may file a written petition for reinstatement of certification with the Universal Force International Naam Yoga Association. Reinstatement would also require an additional five continuing education credits approved by the Ethics Committee as well as any current Association rules. Two suspensions will result in Revoked Certification.
- Permanently Revoked Certification

All parties involved may have two weeks from the receipt of an Association decision in which to appeal in writing. A response will be forthcoming within the same time of two weeks.

**Naam Yoga** is a unique merging and refining of the world's most powerful esoteric traditions. It is a spiritual science and art that merges the crowning yoga practices of the East with the unparalleled esoteric tradition of the West, which is Universal Kabbalah. The result is the most powerful distillation of the world's major teachings. **Naam Yoga** is the return to One. It is the universal key for maximum spiritual evolution.